



Chess Program – Building Strategic Minds, One Move at a Time, Since 2016

Parinama Academy has been helping students develop sharp thinking, focus, and patience through structured **Chess training programs**.

Our Chess classes are designed for students from **Grades 1 to 12**, with carefully planned lessons that balance strategy, fun, and skill development.

Chess at Parinama is more than a game—it's a way to strengthen logical thinking, creativity, and discipline.

Program Duration & Structure

Our Chess Program is conducted year-round, with continuous enrollment available throughout the academic year.

- **Each class: 1 hour**
- **Frequency: Once per week**
- **Total: 4 sessions per month**

Students progress through Beginner, Intermediate, and Advanced levels at their own pace, guided by expert coaches.

Fee Structure

- **Once a Week - 1 class per week**
- **Total no of 4 classes per Month - \$167**
- **Registration Fee \$59**
- **Material Fee \$39**
- **Your card will be charged \$98, which includes the \$59 registration fee and the \$39 material fee.**



Parent and Student Handbook

- **How do students join Chess classes?**
- Enrollment begins with a short assessment session (online or in-person) to understand the student's level.
Students can then be placed in the appropriate group—beginner, intermediate, or advanced—to ensure the right pace of learning.
- **Do you offer practice sessions or internal matches?**
- Yes! Regular practice games, strategy challenges, and in-class mini tournaments help students apply what they've learned in real-game situations.
- **Any customer testimonials?**
- Parents appreciate how Chess training has improved their child's concentration, patience, and logical thinking.
Students love the interactive sessions and the excitement of discovering new strategies every week.





Parinama Academy

- **What is the syllabus?**

Our detailed syllabus is available on our website and also attached below for your reference.

<https://cdn.parinamaacademy.com/drive/20240516091515/Chess-circullum.pdf>

CHESS CURRICULUM

WHITE BELT 1 (4 WEEKS)

1. Chess Board
2. Chess Pieces
3. King
4. Pawns
5. Rooks
6. Bishops
7. Review/Assessment



WHITE BELT 2 (4 WEEKS)

1. Queen
2. Knights
3. Chess Notation
4. Castling
5. Pawn Promotion
6. Review/Assessment

PRECIOUS KNIGHT

YELLOW BELT 1 (6 WEEKS)

1. Check
2. Checkmate
3. Hanging Pieces
4. En Passant
5. Stalemate
6. Drawn Games
7. Review/Assessment



YELLOW BELT 2 (6 WEEKS)

1. Back Rank Mate
2. Smothered Mate
3. Scholar's Mate
4. Pin
5. Skewer
6. Review/Assessment

NOBEL KNIGHT

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GREEN BELT 1 (6 WEEKS)

1. Fork & Double Attack
2. Sacrifice
3. Discovered Attack & Discovered Check
4. Double Check
5. Zugzwang & Zwischenzug
6. Review/Assessment



GREEN BELT 2 (6 WEEKS)

1. King & Queen vs King
2. 2 Rooks Checkmate vs King
3. 1 Rooks Checkmate vs King
4. Legal's Mate, Blackburne Shilling trap
5. Basic opening trap
6. Review/Assessment

BRAVE KNIGHT

BLUE BELT 1 (8 WEEKS)

1. Overloaded Pieces
2. Deflection
3. Opposition
4. Review/Assessment



BLUE BELT 2 (8 WEEKS)

1. King and Pawn vs. King
2. King and two Bishops vs. King
3. King and Queen vs. King and Rook
4. Review/Assessment

RAGING ROOKS

Parinama Academy



- **Do you offer group or private classes?**
- **Yes, we offer:**
- **Small Group Classes (4–6 students per batch)** – ideal for collaborative play and peer learning.
- **Private One-on-One Classes** – tailored coaching for focused improvement.
- **Why should my child learn Chess?**
- **Chess develops essential life skills:**
- **Critical Thinking & Planning** – every move matters.
- **Patience & Focus** – success requires concentration.
- **Decision-Making Skills** – children learn to analyze and choose wisely.
- **Confidence & Sportsmanship** – win or lose, every game is a lesson.
- **What's the extra edge my child gets by learning Chess at Parinama?**
- **Every student enrolled in our Chess Program enjoys 1 hour of free access to the Weekend Chess Club, held every Saturday and Sunday at 11:00 AM.**
- **This bonus hour gives students real-game practice, exposure to diverse playing styles, and a chance to build confidence through interactive, coach-guided sessions.**
- **Do you send kids for chess tournaments?**
- **At Parinama Academy, we encourage every young chess player to test their skills. We guide and support students to participate in local, national, and online tournaments, helping them gain experience and confidence in competitive play**
- **Do you host chess tournaments?**
- **Yes! We organize monthly chess tournaments, both virtual and in-person, and attendance is completely free. These tournaments give students a fun, safe environment to challenge themselves and learn from peers.**
- **Do you provide certificates or recognition?**
- **Yes! Students receive participation certificates for tournaments and special recognition for achievements, motivating them to keep improving and enjoying chess**



Parinama Academy

- **What are the schedules?**

In-Person Classes	Online Classes:
<ul style="list-style-type: none">• Thursday: 6:00 PM – 7:00 PM• Saturday: 12:00 - 1:00 PM• Sunday: 12:00 - 1:00 PM	<ul style="list-style-type: none">• Monday: 8:30 AM-11:30 AM, 5:00-8:00 PM• Tuesday: 8:30 AM-11:30 AM, 5:00-8:00 PM• Wednesday: 5:00-8:00 PM• Thursday: 8:30 AM-11:30 AM, 5:00-8:00 PM• Friday: 8:30 AM-11:30 AM, 5:00-8:00 PM• Saturday: 10:00 AM – 8:00 PM• Sunday: 10:00 AM – 8:00 PM

- **What is your makeup policy?**
- **To request a makeup class, please complete the Student Absence Notification Form:**
<https://forms.gle/HPJsc37bC66sGFbF9>
- **Requests will be processed within 24-72 hours.**
- **All makeup classes must be attended within 10 days of the missed session.**
- **If a scheduled makeup class is missed, no additional class will be provided, but worksheets will be shared to support continued learning.**
- **What is your cancellation policy?**

To cancel your enrollment or stop auto-billing, please complete the Cancellation Form: <https://forms.gle/AX37ghxttChH62FKA>

A 30-day notice period is required, as mentioned in your welcome email.





Who will be teaching Chess at Parinama Academy?

At Parinama Academy, our chess classes are led by a dedicated team of experienced and passionate coaches who specialize in developing young minds through chess. Each instructor is committed to nurturing strategic thinking, problem-solving skills, and confidence while making learning fun and engaging. With personalized guidance and innovative teaching methods, our coaches ensure that every child reaches their full potential, whether in club sessions, practice games, or competitive tournaments.

Let's have a look at some of them:



Dr. Arif Mahmud



Dr. Arif Mahmud

Assistant Professor, School of Community Health and Policy, Morgan State University

ABOUT ME

Dr. Arif Mahmud is a public health physician and medical epidemiologist with over 15 years of experience in research and five years in academia. His expertise includes maternal and child health, infectious and chronic disease epidemiology, and community-based research. He has worked with icddr,b, UNFPA, Johns Hopkins Bloomberg School of Public Health, and the Texas Department of State Health Services. Currently, he is an Assistant Professor at Morgan State University, where he teaches and directs courses such as Global Public Health, Basic Epidemiology, and the MPH Capstone Project.

CONTACT

- arif.mahmud@morgan.edu
- Austin, Texas
- <https://www.linkedin.com/in/arif-ba-mahmud/>

RESEARCH INTERESTS

Maternal and Child Health, Community-Based Participatory Research, Infectious and Chronic Disease Epidemiology.

PROFESSIONAL MEMBERSHIPS

- CSTE
- APIC
- SHEA
- APHA
- AMCHP

EDUCATION

- DOCTOR OF PUBLIC HEALTH (DRPH), MORGAN STATE UNIVERSITY, BALTIMORE, MARYLAND, USA – 2020
- MASTER OF PUBLIC HEALTH (MPH), SWISS TROPICAL AND PUBLIC HEALTH INSTITUTE, UNIVERSITY OF BASEL, SWITZERLAND – 2011
- DIPLOMA IN POPULATION SCIENCES (DPS), UNIVERSITY OF DHAKA, BANGLADESH – 2010
- DIPLOMA IN HEALTH CARE AND MANAGEMENT IN TROPICAL COUNTRIES, SWISS TROPICAL AND PUBLIC HEALTH INSTITUTE, UNIVERSITY OF BASEL – 2005
- BACHELOR OF MEDICINE AND SURGERY (MBBS), COMILLA MEDICAL COLLEGE, UNIVERSITY OF CHITTAGONG, BANGLADESH – 2000

SELECTED PUBLICATIONS

- Baqui AH, McCollum ED, Mahmud A, et al. (2020). Population-based incidence and serotype distribution of invasive pneumococcal disease prior to introduction of conjugate vaccine in Bangladesh. *PLOS ONE*, 15(2): e0228799.
- McCollum ED, Ahmed S, Mahmud A, et al. (2020). Effectiveness of 10-valent pneumococcal conjugate vaccine against radiographic pneumonia in rural Bangladesh. *Vaccine*, 38(42): 6508–6516.
- Lee ACC, Mullaney LC, Mahmud A, et al. (2020). Urinary tract infections in pregnancy: prevalence, risk factors, and antibiotic resistance. *BMC Pregnancy and Childbirth*, 20:1.
- O'Keefe AM, Mahmud A, et al. (2019). What differentiates underserved smokers who successfully quit? *Journal of Community Health*, 44(1): 44–51.



- **Jamison Ryan**



JAMISON RYAN

ACTOR | SCREENWRITER | EDUCATOR

TEACHING APPROACH

Jamison blends traditional acting with improv techniques, helping students build confidence, creativity, and storytelling skills. His focus is on real-world industry insights and keeping learning engaging and fun.

SKILLS

- Acting & Improv
- Screenwriting
- Character Development
- Industry Knowledge
- Mentorship & Public Speaking

WORK EXPERIENCE

Actor & Performer

Buffy the Vampire Slayer (as "Fritz"), improv with The Groundlings, traditional acting training alongside Alicia Silverstone.

Screenwriter

Comedy screenplay finalist (LA Int'l Screenplay Contest, top 7% on Coverfly); pitched Sly Cooper series for Warner Bros. & Sony PlayStation Productions.

Industry Professional

Assistant Agent at Innovative Artists (3 years), worked in top-level entertainment roles in Los Angeles.

Educator

Teaches acting, improv, and storytelling to young people.

EDUCATION & TRAINING

Improv training & performances - The Groundlings

Traditional acting classes in Los Angeles



- **Jash Sanghvi**



Jash Sanghvi

Chess Instructor | Mentor | Tournament Trainer

ABOUT ME

Motivated student demonstrating strong work ethic, creative ability, providing flexibility for growth and opportunities for maximum utilization of my potential. Aiming to leverage my skills and knowledge to become a valuable employee at your company.

CONTACT

 jashsanghvi28@gmail.com
 Mumbai, India

ORGANIZATION

Active volunteer at SYM Bird Camp
(2017 - Present)

Rotaract Club of Khandawali College, Youth Wing of
Rotary Club of Mumbai North West Malad
(2015 - 2017)

SKILLS

- Ms Office
- Tally

EDUCATION

- **M.B.A IN MARKETING**
N.M.I.M.S
- **MASTER OF COMMERCE**
MUMBAI UNIVERSITY
- **BACHELOR OF COMMERCE**
Mithibai College of Arts Chauhan Institute Of Science And Amrutben Jivaniyal College Of Commerce And Economics
- **SENIOR SECONDARY**
Bombay Suburban Grain Dealers (B.S.G.D's) Junior College
- **SECONDARY EDUCATION**
Kapol vidhyavidhi International School

EXPERIENCE

- **Chess Coach**
Online & Offline Classes
- **Online Chess Coach**
Parinama Academy
- **Online Chess Coach**
Enthuziastic
- **Captain of Mithibai Chess Team**
Inter College Chess competition
- **Marketing Head of Reclamo**
Mithibai College Fest